



Attendance Allowance for people of State Pension age or over

Other ways to communicate with us

If you need braille, British Sign Language, a hearing loop, translations, large print, Easy Read, audio or something else, please contact us on number removed.

If you use Relay UK dial 18001 followed by our telephone number.

If you live in Wales and want this form in Welsh call number removed.

About filling in this form

Before you fill in this form, read page 3 of the notes booklet that came with this form.

How to fill in the claim form

Please use black ink to fill in the form. Do not worry if you are not sure how to spell something or you make a mistake. If you want to correct a mistake, please cross it out with a pen – do not use correction fluid.

Special rules

We have special rules for people who are nearing the end of life and are not expected to live longer than another 12 months.

To find out more about special rules, please read **page 7** of the information booklet.

01 Are you claiming under the special rules?



No

Go to question 2



Yes

You do not need to answer the care questions which are **questions 21 to 46.**



To help us deal with the claim as quickly as possible, it is important you send us an SR1 form. You can get the form from your doctor or specialist. You will not have to pay for it. Your doctor or specialist can send it to us for you.

If you have not got your SR1 form by the time you have filled in the claim form, send the claim form anyway. If you wait your payment could be delayed. Please send the SR1 form as soon as you can or ask your doctor or specialist to send it to us for you.

About you

Please tell us your personal details. **If you are filling in this form for someone else, tell us about them, not you.**

02 Surname or family name

EXAMPLE

Your first name

Margaret

All other names in full

Anne

Title

For example, Mr, Mrs Miss, Ms.

Mrs

03 National Insurance (NI) number

Q

Q

1

2

3

4

5

6

C

04 Date of birth

DD/MM/YYYY

14/03/1947

05 Sex

☒

Female

☐

Male

06 The full address where you permanently live

1 Example Street

Anytown

Postcode AB1 2CD

07 Your contact details

Mobile phone number, if you have one

07700 900123

Daytime phone number, if different.
Please include dialling code

01632 960789

08 What is your nationality?

British

If you are a Swiss or a European Economic Area (EEA) national, were you living in the United Kingdom (UK) before 1 January 2021?

For a list of EEA countries, please see **page 8** of the notes.

☐

No

☐

Yes

☐

Do not know

09 Do you normally live in Great Britain?

Great Britain is England, Scotland and Wales. For more information please read **page 8** of the notes.

☐ No **Go to question 10**

☒ Yes

If you live in Wales and would like us to contact you in Welsh in future, tick this box.

☐

10 Have you been abroad for more than 4 weeks at a time in the last 3 years?

Abroad means out of Great Britain.

☒ No **Go to question 11**

☐ Yes

From

To

Tell us where you went

Tell us why you went

If you have been abroad more than once in the last 3 years, please tell us the dates you went, where you went and why you went at **question 63 Extra information.**

11 Getting other benefits from a European Economic Area (EEA) state or Switzerland

Are you, your wife, husband or civil partner getting any pensions or benefits from an EEA state or Switzerland?

☒ No **Go to question 12**

☐ Yes

We will contact you about this.

☐ Do not know

We will contact you about this.

12 Working or paying insurance in an EEA state or Switzerland

Are you, your wife, husband or civil partner working in or paying insurance to an EEA state or Switzerland?

By insurance we mean connected to work, like UK National Insurance.

☒ No **Go to question 13**

☐ Yes

We will contact you about this.

☐ Do not know

We will contact you about this.

13 Have you moved from Scotland to live in England or Wales?

☒ No **Go to Signing the form for someone else**

☐ Yes

What date did you move to live in England or Wales?

14 Are you getting or have you made a claim for Pension Age Disability Payment?

☒ No

☐ Yes

Signing the form for someone else

You can fill in the form for someone else, but they must still sign themselves unless:

- you have already been legally appointed to receive and deal with their benefits. That is, you are a benefit appointee, a deputy or hold a Power of Attorney for Property and Finance (this does not include Power of Attorney for Health and Welfare)
- the person you are claiming for is either too ill or disabled to claim for themselves or lacks the mental capacity to manage their own affairs. You wish to be appointed to deal with their benefits, or
- you are completing this form in their absence and/or without their knowledge.

15 Are you signing the form for someone else?

☒ No **Go to question 16**

☐ Yes

Ensure you sign consent **question 20** and the declaration **question 64**.

Why are you signing the form for them?
Please select one of the following:

☐ I am claiming for them under the special rules for people nearing the end of life. You may wish to tell the person you have claimed for that you have made a claim to this benefit on their behalf. This is because we will send letters about Attendance Allowance to them. There is no mention of end of life or the special rules in our notifications

☐ I am an appointee, appointed by the Department for Work and Pensions

☐ I hold Power of Attorney for Property and Finance

Do you have an online account?

☐ No

Please send us your full registered Property and Finance documents (original or certified copy). This could cause delays if these documents are not sent. We will send these back to you.

☐ Yes

We will contact you about this to request the access code

☐ I am a Deputy

☐ I am a Tutor (under Scottish law)

☐ I am a curator bonis or judicial factor (under Scottish law)

☐ I am a Corporate Acting Body or Corporate Appointee

Please tell us the name of your organisation

For example, an organisation appointed to act on behalf of the person the benefit is for, such as a local authority or firm of solicitors.

Unless we have already seen this authority we will need to see it before we can process the claim. Please send us your power of attorney or the relevant documents with this claim. You can send the original or a certified copy.

☐ I want to be appointed to act on their behalf.

Tick this box if:

- the person you are claiming for is either too ill or disabled to claim for themselves or lacks the mental capacity to manage their own affairs. You wish to be appointed to deal with their benefits, or
- you are in the process of becoming a legally appointed representative.

We will contact you about this.

Your full name

Your National Insurance number

--	--	--	--	--	--	--	--	--

Your date of birth

DD/MM/YYYY

Your full address

Postcode

Your daytime phone number

EXAMPLE — made-up person

About your illnesses or disabilities and the treatment or help you get

By illnesses or disabilities we mean physical, sight, hearing or speech difficulty or mental-health problems.

If you have a spare up-to-date printed prescription list, please send it in with this form. If you send in your prescription list you do not need to tell us about your medicines and dosage, but we still need to know your illness or disability.

You can find the dosage on the label on your medicine.

By treatments we mean things like physiotherapy, speech therapy, occupational therapy or visiting a day-care centre or a mental-health professional for counselling or other treatments.

16 What illnesses or disabilities do you have?

Name of illness or disability For example, Alzheimers, kidney failure, partially sighted	How long have you had this illness or disability? For example, two years, one year, about 10 years	What medicines or treatments (or both) have you been prescribed for this illness or disability? For example, Aricept, dialysis or none	What is the dosage and how often do you take each of the medicines or receive treatment? For example, 10 milligrams (mg), one tablet a day, two times a week or none
Osteoarthritis in both knees and hips	About 8 years	Paracetamol 500 mg Naproxen 250 mg Omeprazole 20 mg (to protect my stomach)	Paracetamol: 2 tablets 4 times a day Naproxen: 1 tablet twice a day Omeprazole: 1 a day
Rheumatoid arthritis in my hands and wrists	About 5 years	Methotrexate 2.5 mg tablets Folic acid 5 mg Blood tests every 3 months	Methotrexate: 6 tablets (15 mg) once a week Folic acid: once a week
Overactive bladder, I leak (urge incontinence)	About 3 years	Mirabegron 50 mg Incontinence pads from the continence nurse	1 tablet a day Pads day and night
Dizziness when I stand up (low blood pressure on standing)	About 2 years	No medicine. I was told to stand up slowly and hold on to something	None
High blood pressure	About 10 years	Amlodipine 5 mg	1 tablet a day
Cataract in my left eye	About 1 year	Waiting for an operation (question 22). Glasses.	None

If you need more space to tell us about your illnesses or disabilities, please continue at **question 63 Extra information**.

17 Apart from your GP, in the last 12 months have you seen anyone about your illnesses or disabilities?

For example, a hospital doctor or consultant, district or specialist nurse, community psychiatric nurse, occupational therapist, physiotherapist, audiologist or social worker?

☐ No **Go to question 18**

☒ Yes

Their title and name

(Mr, Mrs, Miss, Ms, Dr)

Dr P Sample

Their profession or specialist area

Consultant rheumatologist

The full address where you see them

For example, the address of the health centre or hospital.

Rheumatology Department

Anytown Hospital, Hospital Road

Anytown

Postcode AB1 5CD

Their phone number

Including the dialling code.

01632 960456

Your hospital record number

You can find this on your appointment card or letter.

EX123456

Which of your illnesses or disabilities do you see them about?

Rheumatoid arthritis in my hands and wrists. They also check my blood tests because I take methotrexate.

How often do you usually see them because of your illnesses or disabilities?

Every 6 months

When did you last see them because of your illnesses or disabilities?

12/08/2026

If you have seen more than one professional, please tell us their contact details, what they treat you for and when you last saw them at **question 63 Extra information.**

18 Does anyone else help you because of your illnesses or disabilities?

For example, a carer, support worker, nurse, friend, neighbour or family member.

☐ No **Go to question 19**

☒ Yes

Their name

Susan Example

Their full address

3 Example Close

Anytown

Postcode AB1 3CD

Their phone number

Including the dialling code.

07700 900456

What help you get from them?

She comes every morning and every evening, about an hour each time, 7 days a week. She helps me get out of and into bed, wash, dress and undress, get up and down the stairs and take my tablets. She cuts up my evening meal and does my shopping.

Their relationship to you

Daughter

How often do you see them?

Every day, twice a day

If more than one person helps you, please tell us their name and how they help you at **question 63 Extra information.**

19 About your GP

The GP only gives details of medical fact, they do not decide if you can get Attendance Allowance.

Their name

If you do not know your GP's name, please give the name of the surgery or health centre.

Example Medical Practice

Their full address

10 Example Road

Anytown

Postcode AB1 4CD

Their phone number

Including the dialling code.

01632 960123

When did you last see them because of your illnesses or disabilities?

04/09/2026

Consent

20 Do you agree to DWP contacting the people or organisations described?

For more information please read **page 9** of the **notes**.

We may want to contact your GP, or the people or organisations involved with you, for information about your claim. This may include medical information. You do not have to agree to us contacting these people or organisations, but if you do not agree, we may be unable to make sure you qualify for the benefit you are claiming. We, or any health care professional working for an organisation approved by the Secretary of State, may ask any person or organisation to give them or us any information, including medical information, which we need to deal with:

- this claim for benefit, or
- any appeal or other request to reconsider a decision about this claim.

Please tick one of the consent options then sign and date.

☐ No

☒ Yes

Signature

Margaret signs here

Date

Please make sure you also sign and date the declaration at **question 64**.

If you are claiming under the special rules, please go to **question 47**. You do not have to answer any more questions until then.

21 Do you have any reports about your illnesses or disabilities?

These may be from a person who treats you, for example, an occupational therapist, hospital doctor or counsellor. It may be an assessment report, a care plan or something like this?

☐ No **Go to question 22**

☒ Yes

Please send us a copy if you have one. Do not worry if you do not have any reports. Just send in your claim form.

22 Are you on a waiting list for surgery?

☐ No **Go to question 23**

☒ Yes

Tell us about this.

The date you were put on the waiting list For example, 13/04/2020	What surgery are you going to have? For example, operation to replace my right hip	When is the surgery planned for, if you know this? For example, 01/12/2021
10/06/2026	Cataract operation on my left eye	Not known yet

23 Have you had any tests for your illnesses or disabilities?

For example, a peak flow, a treadmill exercise, a hearing or sight test or something else.

☐ No **Go to question 24**

☒ Yes

Tell us about this.

Date and type of test For example, 01/12/2014 treadmill test	Results For example, four minutes (stage2)
02/2025 X-ray of both knees	Severe wear and tear (osteoarthritis) in both knees.
11/2025 Blood pressure taken lying down and then standing up	My blood pressure drops when I stand up. This is why I get dizzy.

24 What type of accommodation do you live in?

For example, you may live in a house, bungalow, flat, supported housing, residential care home, nursing home or somewhere else.

A two-storey house

25 Where is the toilet in your home?

☒ Upstairs

☐ Downstairs

☐ Other

Tell us where.

26 Where do you sleep in your home?

☒ Upstairs

☐ Downstairs

☐ Other

Tell us where.

27 What aids or adaptations do you use?

Put a tick in the second box against those that have been prescribed by a health care professional, for example, an occupational therapist.

If you have difficulty using any aids or adaptations or you need help from another person to use them, please tell us.

For more information please read **page 9** of the notes.

Aids and adaptations For example, magnifier, stairlift	☒	How does this help you? For example, helps me see the print in newspaper, I can get up and down stairs	What difficulty do you have using this aid or adaptation? For example, none, I need help to get in and out of the chair
Walking frame	X	I lean on it to walk around indoors	I need both hands on it, so I cannot carry anything. I cannot use it on the stairs.
Second stair rail	X	I hold on with both hands to go up and down the stairs	I still need my daughter behind me on the stairs in the morning and at night.
Bath board and grab rail	X	I can sit to wash over the bath	I cannot lift my legs over the side of the bath. My daughter lifts them for me.
Raised toilet seat with a frame	X	Helps me sit down on the toilet and get up	My knees still give way when I stand up.
Incontinence pads	X	Keep me dry	My fingers are stiff, so changing a pad is slow. At night they do not always hold.
Alarm pendant		I press it if I fall, and it calls my daughter	She lives 10 minutes away, so I wait on the floor until she comes.

If you need more space to tell us about your aids or adaptations, please continue at **question 63 Extra information**.

Care needs

When your care needs started

Normally, you can only get Attendance Allowance if you have had difficulty or needed help for 6 months.

28 Please tell us the date you started to need the help you have told us about in this claim form.

If you cannot remember the exact date, tell us roughly when this was.

About March 2024

Your care needs during the day

During the day includes the evening. Care needs during the night are covered later.

By care needs we mean help or supervision, due to an illness or disability, with:

- everyday tasks like getting in and out of bed, dressing, washing
- taking part in certain hobbies, interests, social or religious activities, or
- communication.

Help means physical help, guidance or encouragement from someone else so you can do the task.

Use the tick boxes to tell us about the difficulty you have or the help you usually need. Usually means most of the time.

It is important that you tell us about the difficulty you have or the help you need, whether you get the help or not.

For more information about care and supervision see page 5 of the notes.

Help with your care needs during the day

29 Do you usually have difficulty or do you need help getting out of bed in the morning or getting into bed at night?

☐ No **Go to question 30**

☒ Yes

Please tick the boxes that apply to you.

I have difficulty:

☒ getting into bed

☒ getting out of bed

I need help:

☒ getting into bed

☒ getting out of bed

I have difficulty concentrating or motivating myself and need:

☐ encouraging to get out of bed in the morning

☐ encouraging to go to bed at night

Is there anything else you want to tell us about the difficulty you have or the help you need getting in or out of bed?

For example, you may go back to bed during the day or stay in bed all day.

☐ No **Go to question 30**

☒ Yes

Tell us about this.

My hips and knees are stiff and painful, worst in the morning. I cannot lift my legs onto the bed, so every night my daughter lifts them for me. In the morning it takes me about 10 minutes to sit up and stand, holding the bed and my frame, and she helps me up. I often feel dizzy when I first stand.

30 Do you usually have difficulty or do you need help with your toilet needs?

This means things like getting to the toilet, or using the toilet, commode, bedpan or bottle. It also means using or changing incontinence aids, or a catheter or cleaning yourself.

☐ No **Go to question 31**

☒ Yes

Please tell us what help you need and how often you need this help.

For example, if you need help to get to and use the toilet four times a day, you would fill in the boxes as shown below.

I have difficulty with my toilet needs:

How often each day?

4

I have difficulty with my toilet needs:

How often each day?

8 times

I have difficulty with my incontinence needs:

How often each day?

3 times

I need help with my toilet needs:

How often each day?

8 times (on the stairs)

I need help with my incontinence needs:

How often each day?

1 or 2 times

I have difficulty concentrating or motivating myself and need encouraging with my toilet needs:

How often each day?

I have difficulty concentrating or motivating myself and need encouraging with my incontinence needs:

How often each day?

Is there anything else you want to tell us about the difficulty you have or the help you need with your toilet needs?

☐ No **Go to question 31**

☒ Yes

Tell us about this.

The only toilet is upstairs. I go about 8 times a day, and every time I climb the stairs holding both rails. It takes me about 5 minutes each way. About 3 times a day I do not get there in time and leak. My fingers are stiff, so pulling my clothes down and up and changing a pad is slow. My daughter helps me wash and change when she is here.

31 Do you usually have difficulty or do you need help with washing, bathing, showering or looking after your appearance?

This means things like getting into or out of the bath or shower, checking your appearance or looking after your personal hygiene. Personal hygiene includes things like cleaning your teeth, washing your hair, shaving or something like this.

☐ No **Go to question 32**

☒ Yes

Please tell us what help you need and how often you need this help.

I have difficulty looking after my appearance:

How often each day?

1 time (hair and nails)

I have difficulty getting in and out of the bath:

How often each day?

1 time

I have difficulty washing and drying myself or looking after my personal hygiene:

How often each day?

2 times

I have difficulty using a shower:

How often each day?

1 time

I need help looking after my appearance:

How often each day?

1 time

I need help getting in and out of the bath:

How often each day?

1 time

I need help washing and drying myself or looking after my personal hygiene:

How often each day?

2 times

I need help using the shower:

How often each day?

1 time

I have difficulty concentrating or motivating myself and need encouraging to look after my appearance:

How often each day?

I have difficulty concentrating or motivating myself and need encouraging or reminding about washing, bathing, showering, drying or looking after my personal hygiene:

How often each day?

Is there anything else you want to tell us about the difficulty you have or the help you need washing, bathing, showering or looking after your appearance or personal hygiene?

☐ No **Go to question 32**

☒ Yes

Tell us about this.

I cannot lift my legs over the side of the bath, turn the taps or squeeze a flannel. Every morning my daughter helps me onto the bath board, washes my back, legs, feet and hair, dries me and helps me out. It takes about 30 minutes. In the evening she helps me wash at the basin, about 15 minutes. I cannot wash properly on the days she cannot come.

32 Do you usually have difficulty or do you need help with dressing or undressing?

☐ No **Go to question 33**

☒ Yes

Please tell us what help you need and how often you need this help.

I have difficulty with putting on or fastening clothes or footwear:

How often each day?

2 times

I have difficulty with taking off clothes or footwear:

How often each day?

2 times

I have difficulty with choosing the appropriate clothes:

How often each day?

I need help with putting on or fastening clothes or footwear:

How often each day?

2 times

I need help with taking off clothes or footwear:

How often each day?

2 times

I need help with choosing the appropriate clothes:

How often each day?

I have difficulty concentrating or motivating myself and need encouraging to get dressed or undressed:

How often each day?

I have difficulty concentrating or motivating myself and need reminding to change my clothes:

How often each day?

Is there anything else you want to tell us about the difficulty you have or the help you need dressing or undressing?

For example, you may get breathless, feel pain or it may take you a long time.

☐ No **Go to question 33**

☒ Yes

Tell us about this.

I cannot do buttons, zips, hooks or laces, and I cannot bend to reach my feet. Every morning my daughter helps me put on my bra, socks, shoes and cardigan, and at night she helps me undress. It takes about 20 minutes each time. When I leak in the day I have to change on my own, which takes me about 30 minutes.

33 Do you usually have difficulty or do you need help with moving around indoors?

By indoors we mean anywhere inside, not just the place where you live.

☐ No **Go to question 34**

☒ Yes

Please tick the boxes that apply to you.

I have difficulty:

☒ walking around indoors

☒ going up or down stairs

☒ getting in or out of a chair

☐ transferring to and from a wheelchair

I need help:

☐ walking around indoors

☒ going up or down stairs

☒ getting in or out of a chair

☐ transferring to and from a wheelchair

I have difficulty concentrating or motivating myself and need:

☐ encouraging or reminding to move around indoors

Is there anything else you want to tell us about the difficulty you have or the help you need with moving around indoors?

For example, you may hold on to furniture to get about or it may take you a long time.

☐ No **Go to question 34**

☒ Yes

Tell us about this.

I walk with a frame and hold on to the furniture. It takes me about 3 minutes to cross my living room. On the stairs I hold both rails and go up one step at a time. It takes me about 5 minutes, and my daughter walks behind me in the morning and at night. I cannot get up from my armchair without pushing on the arms 2 or 3 times.

34 Do you fall or stumble because of your illnesses or disabilities?

For example, you may fall or stumble because you have weak muscles, stiff joints or your knee gives way, or you may have problems with your sight, or you may faint, feel dizzy, blackout or have a fit.

☐ No **Go to question 35**

☒ Fall

☒ Stumble

What happens when you fall or stumble?

Tell us why you fall or stumble and if you hurt yourself.

My knees give way and I get dizzy when I stand up. I trip on the edge of rugs and on the stairs. On 3 September 2026 I fell in the kitchen and badly bruised my hip and arm.

Have you been referred to a Falls Clinic?

☐ No

☒ Yes

Do you need help to get up after a fall?

Tell us if you have difficulty getting up after a fall and the help you need from someone else.

☐ No

☒ Yes

Tell us about this.

I cannot get up off the floor on my own. On 3 September I lay on the kitchen floor for about 2 hours until my daughter came. Since then I wear an alarm pendant. My GP has referred me to the falls clinic.

When did you last fall?

If you do not know the exact date, tell us roughly when this was.

03/09/2026

When did you last stumble?

If you do not know the exact date, tell us roughly when this was.

About 20/09/2026

How often do you fall?

Tell us roughly how many times you have fallen in the last month.

1

Tell us roughly how many times you have fallen in the last year.

3

How often do you stumble?

Tell us roughly how many times you have stumbled in the last month.

About 6

Tell us roughly how many times you have stumbled in the last year.

About 50 (1 or 2 a week)

35 Do you usually have difficulty or do you need help with cutting up food, eating or drinking?

This means things like getting food or drink into your mouth or identifying food on your plate.

☐ No **Go to question 36**

☒ Yes

I have difficulty eating or drinking:

How often each day?

3 times

I have difficulty with cutting up food on my plate:

How often each day?

2 times

I need help eating or drinking:

How often each day?

I need help with cutting up food on my plate:

How often each day?

2 times

I have difficulty concentrating or motivating myself and need encouraging or reminding to eat or drink:

How often each day?

Is there anything else you want to tell us about the difficulty you have or the help you need with cutting up food, eating or drinking?

☐ No **Go to question 36**

☒ Yes

Tell us about this.

My fingers are bent and weak, so I cannot hold a knife firmly enough to cut meat or vegetables. My daughter cuts up my evening meal. At lunch I only have things I do not need to cut, like soup or a sandwich. I hold my cup with both hands and still spill hot drinks.

36 Do you usually have difficulty or do you need help with taking your medicines or with your medical treatment?

This means things like injections, an inhaler, eye drops, physiotherapy, oxygen therapy, speech therapy, monitoring treatment, coping with side effects, and help from mental-health services. It includes handling medicine and understanding which medicines to take, how much to take and when to take them.

☐ No **Go to question 37**

☒ Yes

Please tell us what help you need and how often you need this help.

I have difficulty taking my medication:

How often each day?

2 times

I have difficulty with my treatment or therapy:

How often each day?

1 time (physio exercises)

I need help taking my medication:

How often each day?

1 time (morning)

I need help with my treatment or therapy:

How often each day?

I have difficulty concentrating or motivating myself and need encouraging or reminding to take my medication:

How often each day?

I have difficulty concentrating or motivating myself and need encouraging or reminding about my treatment or therapy:

How often each day?

Is there anything else you want to tell us about the difficulty you have or the help you need taking your medication or with medical treatment?

☐ No **Go to question 37**

☒ Yes

Tell us about this.

I cannot press tablets out of the packets or open bottles because of my hands. Every Sunday my daughter puts my tablets into a pill box. In the morning she opens it for me and checks I have taken them. Methotrexate is once a week and must not be taken on the wrong day, so she checks that too. She takes me for my blood test every 3 months.

37 Do you usually need help from another person to communicate with other people?

For example, you may have a mental-health problem, learning disability, sight, hearing or speech difficulty and need help to communicate. Please answer as if using your normal aids, such as glasses or a hearing aid.

☒ No **Go to question 38**

☐ Yes

Please tick the boxes that apply to you.

I have difficulty:

- ☐ understanding people I do not know well
- ☐ being understood by people who do not know me well
- ☐ concentrating or remembering things
- ☐ answering or using the phone
- ☐ reading letters, filling in forms, replying to mail
- ☐ asking for help when I need it

I need help:

- ☐ understanding people I do not know well
- ☐ being understood by people who do not know me well
- ☐ concentrating or remembering things
- ☐ answering or using the phone
- ☐ reading letters, filling in forms, replying to mail
- ☐ asking for help when I need it

Is there anything else you want to tell us about the difficulty you have or the help you need from another person to communicate with other people?

For example, you use British Sign Language (BSL).

☐ No **Go to question 38**

☐ Yes

Tell us about this.

38 How many days a week do you have difficulty or need help with the care needs you have told us about on questions 28 to 37?

7

39 Do you usually need help from another person to actively take part in hobbies, interests, social or religious activities?

We need this information because we can take into account the help you need or would need to take part in these activities, as well as the other help you need during the day.

☐ No **Go to question 40**

☒ Yes

Tell us about the activities and the help you need from another person **at home**.

What you do or would like to do? For example, listening to music	What help do you need or would you need from another person to do this?	How often do you or would you do this? For example, four or five times a week
Knitting for my grandchildren	Someone to wind the wool, cast on and pick up dropped stitches, because my fingers are too stiff	I would like to most days. Now about once a week
Having a friend round for a cup of tea	Someone to make the tea and carry the tray, because I need both hands on my frame	Once a week
The crossword in the newspaper	Someone to read the small print to me, because of my cataract	Every day

Tell us about the activities and the help you need from another person **when you go out**.

What you do or would like to do? For example, swimming	What help do you need or would you need from another person to do this? For example, when I get to the swimming pool I need help to get changed, to dry myself and to get in and out of the pool	How often do you or would you do this? For example, three times a week for half an hour each time
Going to church on Sunday	Someone to drive me, hold my arm on the steps and help me sit down and stand up	Every Sunday, about 2 hours
Lunch club at the community centre	Someone to take me there and back, and help me to the toilet while I am there	I went every Wednesday. I have not been since my fall
Visiting my sister in the next town	Someone to drive me and help me in and out of the car	I would like to once a month

If you need some more space to tell us about your hobbies, interests, social or religious activities please continue at **question 63 Extra information**.

40 Do you usually need someone to keep an eye on you?

For example, you may have a mental-health problem, learning disability, sight, hearing or speech difficulty and need supervision.

☐ No **Go to question 42**

☒ Yes

Please tick the boxes that apply to you.

Please tell us why you need supervision.

☒ To prevent danger to myself or others

☐ I am not aware of common dangers

☐ I am at risk of neglecting myself

☐ I am at risk of harming myself

☐ I may wander

☐ To discourage antisocial or aggressive behaviour

☒ I may have fits, dizzy spells or blackouts

☐ I may get confused

☐ I may hear voices or experience thoughts that disrupt my thinking

How long can you be safely left for at a time?

2 to 3 hours

Is there anything else you want to tell us about the supervision you need from another person?

☐ No **Go to question 41**

☒ Yes

Tell us about this.

I get dizzy when I stand up or turn quickly, and my knees give way without warning. I am frightened of falling on the stairs or in the bathroom when nobody is there. My daughter phones me every lunchtime, and if I do not answer she comes round.

41 How many days a week do you need someone to keep an eye on you?

7

Help with your care needs during the night

By night we mean when the household has closed down at the end of the day.

42 Do you usually have difficulty or need help during the night?

This means things like settling, getting into position to sleep, being propped up or getting your bedclothes back on the bed if they fall off, getting to the toilet, using the toilet, using a commode, bedpan or bottle, getting to and taking the tablets or medicines prescribed for you and having any treatment or therapy.

☐ No **Go to question 44**

☒ Yes

Please tell us what help you need, how often and how long each time you need this help for.

I have difficulty or need help turning over or changing position in bed:

How often each night?

☒ 1

☐ 2

☐ 3+

How many minutes each time?

5

I have difficulty or need help sleeping comfortably:

How often each night?

☐ 1

☐ 2

☐ 3+

How many minutes each time?

I have difficulty or need help with my toilet needs:

How often each night?

☐ 1

☐ 2

☒ 3+

How many minutes each time?

15

I have difficulty or need help with my incontinence needs:

How often each night?

☒ 1

☐ 2

☐ 3+

How many minutes each time?

40

I have difficulty or need help taking my medication:

How often each night?

☐ 1

☐ 2

☐ 3+

How many minutes each time?

I have difficulty or need help with treatment or therapy:

How often each night?

☐ 1

☐ 2

☐ 3+

How many minutes each time?

I have difficulty concentrating or motivating myself and need encouraging or reminding about my toilet or incontinence needs:

How often each night?

☐ 1

☐ 2

☐ 3+

How many minutes each time?

I have difficulty concentrating or motivating myself and need encouraging or reminding about medication or medical treatment:

How often each night?

☐ 1

☐ 2

☐ 3+

How many minutes each time?

Is there anything else you want to tell us about the difficulty you have or the help you need during the night?

☐ No

Go to question 43

☒ Yes

Tell us about this.

I get up about 3 times every night to go to the toilet, because I cannot hold my bladder for long. The toilet is across the landing. I am dizzy when I first stand up, so I sit on the edge of the bed first and hold on to the bed and the walls all the way. Each trip takes me about 15 minutes.

About 2 nights a week I do not get there in time and have to change my nightdress, pad and sheets on my own. That takes me about 40 minutes.

My hips hurt when I lie on one side, and about once a night I have to push myself over with my arms.

I am frightened of falling at night, because I live on my own and there is nobody in the house with me.

43 How many nights a week do you have difficulty or need help with your care needs?

7

44 Do you usually need someone to watch over you?

For example, you may have a mental-health problem, learning disability, sight, hearing or speech difficulty and need another person to be awake to watch over you.

☒ No **Go to question 46**

☐ Yes

Please tick the boxes that apply to you.

Please tell us why you need watching over.

☐ To prevent danger to myself or others

☐ I am not aware of common dangers

☐ I am at risk of harming myself

☐ I may wander

☐ To discourage antisocial or aggressive behaviour

☐ I may get confused

☐ I may hear voices or experience thoughts that disrupt my thinking

How many times a night does another person need to be awake to watch over you?

How long on average does another person need to be awake to watch over you at night?

Is there anything else you want to tell us about why you need someone to watch over you?

☐ No **Go to question 45**

☐ Yes

Tell us about this.

45 How many nights a week do you need someone to watch over you?

Help with your care needs

46 Please tell us anything else you think we should know about the difficulty you have or the help you need.

I am 79 and I live on my own. My daughter Susan lives 10 minutes away. She comes every morning from about 8 to 9 and every evening from about 8 to 9, 7 days a week.

A usual day: I wake at about 6 but wait for my daughter, because I cannot get out of bed, wash or dress safely on my own. She helps me stand, walks behind me to the bathroom, helps me onto the bath board and washes and dries me (30 minutes). Then she helps me dress (20 minutes), opens my pill box and brings me downstairs.

During the day I am on my own. I climb the stairs about 8 times to get to the only toilet, holding both rails. About 3 times a day I leak before I get there and have to change on my own, which takes me about 30 minutes. I cannot cut up food or lift a full kettle, so I have soup or sandwiches at lunch. My daughter phones me at lunchtime to check I have not fallen.

In the evening my daughter cuts up my meal, helps me wash at the basin, undress, get up the stairs and lifts my legs into bed.

At night I get up about 3 times for the toilet, 15 minutes each time, and about 2 nights a week I wet the bed and have to change everything on my own (40 minutes).

I have fallen 3 times this year. On 3 September I lay on the kitchen floor for 2 hours until my daughter came.

These difficulties started about March 2024 and have got worse since my fall.

If you need some more space to tell us about the help you need or the difficulty you have with your care needs, please continue at **question 63 Extra information**.

About time spent in hospital, a care home or a similar place

47 Are you in hospital, a care home or similar place now?

For example, a residential care home, nursing home, hospice or similar place.

☒ No **Go to question 48**

☐ Yes

Tell us when you went in

Please tell us the full name and address of the place where you are staying.

Postcode

If you are in hospital, why did you go into hospital?

Does a local authority, health authority, education authority or a government department give you, or the place where you stay, any money towards the costs of your stay?

☐ No **Go to question 48**

☐ Yes

Which authority or government department pays?

48 Have you come out of hospital, a care home or similar place in the past six weeks?

☒ No **Go to question 49**

☐ Yes

Tell us when you went in

Tell us when you came out

Please tell us the full name and address of the place where you were staying.

Postcode

If you have been in hospital, why did you go into hospital?

Constant Attendance Allowance

49 Constant Attendance Allowance

Please tick the box if you are getting or waiting to hear about:

☐ War Pension Constant Attendance Allowance

☐ Industrial Injuries Disablement Benefit Constant Attendance Allowance

How we pay you

Please read **page 10** of the notes before you fill in this page.

Please tell us the account details below.

It is very important you fill in all the boxes correctly, including the building society roll or reference number, if you have one. If you tell us the wrong account details your payment may be delayed or you may lose money.

50 Name of the account holder

Exactly as it is shown on the chequebook or statement.

51 Name of the bank or building society

Bank details: you write these in yourself. We never ask for them on the phone.

52 Sort code

Tell us all 6 numbers, for example 12-34-56.

--

53 Account number

Most account numbers are 8 numbers long. If your account number has fewer than 10 numbers, please fill in the numbers from the left.

54 Building society roll or reference number

If you are using a building society account you may need to tell us a roll or reference number. This may be made up of letters and numbers, and may be up to 18 characters long. If you are not sure if the account has a roll or reference number, ask the building society.

You may get other benefits and entitlements we do not pay into an account. If you want us to pay them into the account above, please tick this box.

☐

Statement from someone who knows you

Please note, this statement does not have to be filled in.

If you do want this statement to be filled in, the best person to do it is the one who is most involved with your treatment or care. This may be someone you have already told us about on this form.

If you are signing this form on behalf of the disabled person, please get someone else to fill in this section.

55 How often do you see the person this form is about?	3 Example Close Anytown Postcode AB1 3CD
56 What are their illnesses and disabilities and how they are affected by them?	60 What is your daytime phone number? This is where we can contact you or leave a message. 07700 900456
57 What is your job, profession or relationship to the person this form is about?	61 Your signature Susan signs here
58 What is your name?	62 Date

Extra information

63 Please tell us anything else you think we should know about your claim.

Other professionals I have seen (question 17)

- Physiotherapist, Anytown Community Physiotherapy, Example Lane, Anytown AB1 6CD. 6 sessions for my knees, the last on 15/07/2026. I do the exercises at home every day.
- Occupational therapist, Anytown Council adult social care. She visited on 12/05/2026 and arranged the second stair rail, the bath board and the raised toilet seat. Her report is enclosed.
- Continence nurse at Example Medical Practice. She gives me my pads. Last seen 20/06/2026.
- Falls clinic, Anytown Hospital. My GP referred me after my fall on 3 September. I am waiting for an appointment.
- Eye clinic, Anytown Hospital. I am on the waiting list for a cataract operation.

Other people who help me (question 18)

- My neighbour at 3 Example Street takes my bins out and picks up my prescriptions when my daughter cannot.

How this form was filled in

Attendance Allowance Check filled in this form for me from what I told them on the phone. My daughter was with me for the call. I have read it, and I sign it myself.

Continue on a separate piece of paper, if necessary. Remember to write your name and National Insurance number at the top of each page.

Declaration

We cannot pay any benefit until you have signed the declaration, and returned the form to us. Please return the signed form straight away.

By submitting this claim you agree that the information you have given is complete and correct; while you are receiving Attendance Allowance, you will report changes to your circumstances straight away by calling number removed. If you give wrong or incomplete information, or you do not report changes straight away, you may:

- be prosecuted
- need to pay a financial penalty
- have your Attendance Allowance reduced or stopped
- be paid too much Attendance Allowance and have to pay the money back

If we pay you less than we should, we may pay you the money that we owe you.

64

Signature

Margaret signs here

Date

Print your name here

MARGARET ANNE EXAMPLE

Have you signed and dated the consent question 20 on this claim form?

For information about how we collect and use information and help and advice about other benefits, see pages 10 and 11 of the notes.

What to do now

Please check that you have filled in all the questions that apply to you or the person you are claiming for. If you do not answer all the questions you need to, it may take us longer to deal with your claim.

Checklist

- ☐ Make sure you have ticked the relevant box and signed the consent at **question 20**.
- ☐ Make sure you have signed the declaration at **question 64**.
- ☒ Make sure that you have included full details of your GP at **question 19**.
- ☒ Make sure that you have included full details for anyone else you have seen at **question 17**.
- ☒ Make sure that you have included full details for anyone else who helps you at **question 18**.
- ☒ Make sure you have completed care needs start date at **question 28**.

65 Please list all the documents you are sending with this claim form.

For example, a prescription list, a certificate of vision impairment, a medical report, passport or a care plan.

- My printed prescription list
- Occupational therapy report (12/05/2026)
- Letter from the rheumatology clinic (12/08/2026)
- Statement from my daughter (page 28)

Send the claim form and any reports, if you hold them, back to us in the envelope we have sent you. It does not need a stamp. Send copies as we cannot return them.

What happens next

For information about what happens next, see page 12 of the notes.

More information

Treating people fairly

We are committed to the Equality Act 2010 and treating people fairly. To find out more about this law, search 'Equality Act' on www.gov.uk

Call charges

Calls to 0800 numbers are free from personal mobiles and landlines.

How DWP collects and uses information

When we collect information about you we may use it for any of our purposes. These include:

- social security benefits and allowances
- child maintenance
- employment and training
- investigating and prosecuting tax credits offences
- private pensions policy and
- retirement planning.

We may get information about you from other parties for any of our purposes as the law allows to check the information you provide and improve our services. We may give information about you to other organisations as the law allows, for example to protect against crime.

To find out more about our purposes, how we use personal information for those purposes and your information rights, including how to request a copy of your information, go to www.gov.uk/dwp/personal-information-charter

Official DWP social media channels



www.youtube.com/dwp



www.facebook.com/dwp



www.x.com/dwpgovuk



www.instagram.com/dwpgovuk



www.linkedin.com/company/dwp

DWP British Sign Language (BSL) videos



www.youtube.com/dwpsign